



## Developmental Benefits of Play:

Cognitive, Creative, Physical, Communicative, Emotional, Social

**Focus Skills/Subject: Observation, Social-Emotional Learning, Vocabulary, Speaking, Writing, Reading, Imagination, Inference, Research**

**Grades: 5-7**

- Allow students to learn about different places in the world and their cuisine! Pick a location and discuss some local dishes (show pictures as inspiration).
- Give students play-doh and some plastic tools to create five different dishes.
- When they are finished, have them create a menu for their restaurant including the dishes they prepared.

**Pro Tip:** For extra fun, have students work together and play restaurant with their new meals!

### Materials:

- Play-Doh (different colors)
- Straws
- Plastic Silverware
- Small Plates
- Construction Paper
- Scissors
- Glue
- Crayons/Colored Pencils
- Old Magazine/Newspapers

